

GUIDE FOR REMOVING GOWN AND GLOVES IN PATIENT ROOM FOR VISITING FAMILIES

After you have finished visiting with your loved one, follow these steps to safely exit the room:

Walk towards the door of the room, but do **NOT** exit the room.

Use the hand sanitizer in the room to wash your gloved hands for at least 20 seconds. Make sure to wash the back of your hands and your palms, in between your fingers and your thumbs.



Follow these steps to remove gown & gloves:

1. Place hands onto opposite shoulders
2. Pull gown off at the neck
3. Begin rolling gown into itself (the inside of the gown will be rolled over the outside of the gown)
4. Pull gown off at the waist
5. Continue rolling gown into itself forming a ball
6. Once the entire gown is balled up into your hands, pull the gloves off one at a time by placing a thumb on the inside of the glove at the wrist and pulling it off adding it to the formed ball

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Place rolled up gown and gloves into the red plastic bag found in the patient room.



Use hand sanitizer in the room to wash your hands for at least 20 seconds. Make sure to wash the back of your hands and your palms, inbetween your fingers and your thumbs.

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Open room door and exit to the hallway. Once in the hallway, close the room door and wash your hands again. Staff will then guide you in removing the eye protection and mask.

