FOTO Patient Intake Survey
Foot, Ankle, Lower Leg (without knee)

Staff to Complete
PATIENT NAME: _____ Patient ID: _____
Gender: Male / Female Date of Birth: ____/____/____ Clinician: _____
Body Part _____ Impairment _____ Care Type _____
Payer Source _____ *(Type of Plan such as Preferred Provider, HMO, WC, Auto Insurance, etc.)*
Date of Survey: ____/____/____

We are interested in how you feel about how well you are able to do your usual activities. This information will help us take better care of you. Please answer the questions based on the problem for which you are receiving treatment. If you do not do or have not done this activity, please make your best guess as to which response is most accurate.

Today, because of your affected foot / ankle / lower leg, do you or would you have any difficulty…	**Extreme difficulty / Unable to do**	**Quite a bit of difficulty**	**Moderate difficulty**	**A little bit of difficulty**	**No difficulty**
1. With any of your usual work, housework, or school activities?					
2. Getting into or out of the bath?					
3. Walking between rooms?					
4. Lifting an object, like a bag of groceries, from the floor?					
5. Performing light activities around your home?					
6. Performing heavy activities around your home?					
7. Walking two blocks?					
8. Getting up or down 10 stairs (about 1 flight of stairs)?					
9. Standing for 1 hour?					
10. Running on uneven ground?					

11. Rate the level of pain you have had in the last 24 hours *(please circle response)*:

0 1 2 3 4 5 6 7 8 9 10
(None) (Pain as bad as it can be)

12. Please indicate the number of surgeries for your primary condition. ☐ None ☐ 1 ☐ 2 ☐ 3 ☐ 4+

13. How many days ago did the condition begin? ☐ 0-7 days ☐ 8-14 ☐ 15-21 ☐ 22-90 ☐ 91 days to 6 mos. ☐ Over 6 mos. ago

14. Are you taking prescription medication for this condition? ☐ Yes ☐ No

15. Have you received treatments for this condition before? ☐ Yes ☐ No

Patient Name: _____ Patient ID _____

16. How often have you completed at least 20 minutes of exercise, such as jogging, cycling, or brisk walking, prior to the onset of your condition?
☐ At least 3 times a week ☐ Once or twice per week ☐ Seldom or never

17. Other health problems may affect your treatment. Please check (✓) any of the following that apply to you:

☐ Arthritis (rheumatoid / osteoarthritis)
☐ Osteoporosis
☐ Asthma
☐ Chronic Obstructive Pulmonary Disease (COPD), acquired respiratory distress syndrome (ARDS), or emphysema
☐ Angina
☐ Congestive heart failure (or heart disease)
☐ Heart attack (Myocardial infarction)
☐ High blood pressure
☐ Neurological Disease (such as Multiple Sclerosis or Parkinson's)
☐ Stroke or TIA
☐ Peripheral Vascular Disease
☐ Headaches
☐ Diabetes Types I and II
☐ Gastrointestinal Disease (ulcer, hernia, reflux, bowel, liver, gall bladder)
☐ Visual impairment (such as cataracts, glaucoma, macular degeneration)
☐ Hearing impairment (very hard of hearing, even with hearing aids)
☐ Back pain (neck pain, low back pain, degenerative disc disease, spinal stenosis)
☐ Kidney, bladder, prostate, or urination problems
☐ Previous accidents
☐ Allergies
☐ Incontinence
☐ Anxiety or Panic Disorders
☐ Depression
☐ Other disorders
☐ Hepatitis / AIDS
☐ Prior surgery
☐ Prosthesis / Implants
☐ Sleep dysfunction
☐ Cancer

18. Height: _____ ft. _____ in. Weight: _____ lbs.

19. This is a statement other patients have made.
"I should not do physical activities which (might) make my pain worse."
Please rate your level of agreement with this statement.
☐ Completely Disagree
☐ Somewhat Disagree
☐ Unsure
☐ Somewhat Agree
☐ Completely Agree

Lower Extremity Functional Index

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your lower limb problem for which you are currently seeking attention. Please provide an answer for each activity.

Today, do you or would you have any difficulty at all with:

(Circle one number on each line)

Activities	Extreme Difficulty or unable to perform activity	Quite a bit of difficulty	Moderate difficulty	A little bit of difficulty	No difficulty
a. Any of your usual work, housework or school activities.	0	1	2	3	4
b. Your usual hobbies, recreational or sporting activities	0	1	2	3	4
c. Getting into or out of the bath.	0	1	2	3	4
d. Walking between rooms.	0	1	2	3	4
e. Putting on your shoes or socks.	0	1	2	3	4
f. Squatting.	0	1	2	3	4
g. Lifting an object, like a bag of groceries from the floor.	0	1	2	3	4
h. Performing light activities around your home.	0	1	2	3	4
i. Performing heavy activities around your home.	0	1	2	3	4
j. Getting into or out of a car.	0	1	2	3	4
k. Walking 2 blocks.	0	1	2	3	4
l. Walking a mile.	0	1	2	3	4
m. Going up or down 10 stairs (about 1 flight of stairs).	0	1	2	3	4
n. Standing for 1 hour.	0	1	2	3	4
o. Sitting for 1 hour.	0	1	2	3	4
p. Running on even ground.	0	1	2	3	4
q. Running on uneven ground.	0	1	2	3	4
r. Making sharp turns while running fast.	0	1	2	3	4
s. Hopping.	0	1	2	3	4
t. Rolling over in bed.	0	1	2	3	4
COLUMN TOTALS					

Score variation ± 6 LEFTS points
MDC & MCID = 9 LEFS points

Score _____/80