

Parenting and Child Care

Description : Today's family faces many challenges, the following resources are supports that aid parents' to raise safe and healthy children. The common goal of the listed resources is to strengthen families.

List of Resources

NAME	CONTACT INFO	OTHER INFO
PARENTING		
Healthy Families Program WCAC	WCAC 61 Pine Street Southbridge Phone: 508-909-0061 X13	Health and parenting education for first time parents of any age.
Women, Infant, and Children (WIC)	61 Pine St. Southbridge Phone: 508-765-0139 228 Main St. Webster Phone: 508-943-6183	Food and nutrition supplement to pregnant women and low income families with children up to age 5.
Catholic Charities Skills, Opportunities And Resources Program	79 Elm St. Southbridge MA 01550 Phone: 508-765-5936 Ask for Lisa	Program for parenting and life skills training. No fee. For residents of Southbridge, Sturbridge, Charlton, Dudley, Webster
Pregnant/Parenting Teen Program (You, Inc.)	328 Main St. Southbridge Phone: 508-765-9101 X47 Phone: 800-435-9990 (emergency assistance)	Serves those up to 24 years old including parenting education & support groups, information and assistance in education completion.
Early Head Start (WCAC)	25 Cole Ave. Southbridge, MA 01550 Phone: 508-765-4738 X308	Home-based education and social services for parents with children from newborn to 3 years old or pregnant women.
Parents Apart Classes GB Wells	29 Pine Street Southbridge, MA 01550 Phone: 508-765-2200 X2843	Massachusetts court mandated program for all parents who are divorcing and have children under 18 years of age.
Early Intervention Partnership Program Kennedy-Donovan Center	486 Worcester Street Southbridge MA 01550 Phone: 508-765-0292	Home visiting support for high risk pregnant and postpartum mothers and newborns to age 3.
Parent Stress Line	24 hr Nationwide Hotline: 1-800-632-8188	
Parents Helping Parents	Phone: 1-800-632-8188 www.parentshelpingparents.org	Runs a statewide network of support groups for parents.

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MDSC (MA Down Syndrome Congress) Parents First Call Program	1-800-664-6372 781-221-0024 x206 www.mdsc.org firstcall@mdsc.org	Parental support from a trained volunteer who is a parent of a Down Syndrome child.
Auburn Youth and Family Services	21 Pheasant Court Auburn, MA Phone: 508-832-5707	Offers afterschool program, summer program, parent support groups, parenting classes, parent/child activity groups.
CONNECTICUT Nurturing Families Network (Day Kimball Healthcare)	Phone: 860-928-6541 X2077 Mon – Fri 8 a.m – 4:30 p.m.	Free services for 1st time parents with children < 3 months old, including phone support and home visits. Education for parenting a child up to age 5.
CHILD CARE		
Head Start	Southbridge: 508-765-4738 X323 www.wcac.net	Free family center-based pre-school for children 3 – 5 years old of low-income families.
Child Care Resources	799 W. Boylston Street Worcester, MA 01606 Phone: 508-856-7930 www.sevenhills.org	Free child care referrals. Also assists eligible families with search for subsidized child care. (voucher determination is made by Dept. of Transitional Assistance)
Charlton Child Care Provider's Assoc.	www.charltonchildcareproviders.com	Local providers offering child care services. Each program will vary so view the provider's page for all details, including contact info.
Guild of St. Agnes Child Care Center	88 Masonic Home Road Charlton MA 01508 Phone: 508-434-2345	Childcare program for children age 15 months to 5 years. Vouchers accepted.
Worcester Comprehensive Education and Care, Inc. (WCEC)	160 Tacoma St. Worcester, MA 01605 Phone: 508-852-3792	Childcare programs for children ages 4 weeks to 13 years. Sliding scale, DCF vouchers accepted. Transportation assistance for DCF cases.
Kids Unlimited	35 Trolley Crossing Road Charlton, MA 01507 Phone: 1-800-422-6738	Referral system to licensed private day care homes and subsidized day care. \$30 referral fee upon acceptance (private pay). Vouchers accepted.

*Additional information and resources can be accessed through
Mass 2-1-1 Referral Line by dialing "211" or 877-211-6277 or www.mass211.org.
Multilingual ~ Available 7 days a week - 24 hours TTY: 508-370-4890.
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